Boston Cured Cancer Club for Laryngectomees 243 Charles Street, Boston, Massachusetts 02114 www.bostoncuredcancerclubforlaryngectomees.com

March/April 2017 Newsletter

Hello Folks! With the ever increasing light in late afternoon we are reassured that spring does most certainly follow winter, which at this writing, hasn't been too wintry at all! It also is a signal that another season of BCCCL meetings is about to start. Please plan on joining us in the 7th floor cafeteria at MEEI in Boston on Sunday, March 5th. "Meet and Greet" begins at 1:00PM with our formal meeting starting at 1:30PM. Being with others who truly understand the experience of having a laryngectomy is both affirming and inspirational. Please join us for some tasty refreshments and good conversation.

At our November and December meetings, as at all of our meetings, members shared freely, in support of one another. Members agreed that living as a laryngectomee is not easy, but well worth the efforts involved. As always, members were uplifted by their mutual resolve to not only live, but to thrive as laryngectomees. Whether new to the group or seasoned, members walk away inspired by others and self-affirmed in their communal support, easing frustrations and celebrating challenges met and surpassed. Please come to share *your* story...or to simply sit and listen to others.

With the start of our 2017 season we remind you of our meeting schedule: We meet on the first Sunday in March, April and May. After the summer break we resume on the Sunday after Labor Day and then on the first Sunday in October, November and December. Due to weather concerns, we do not meet in January or February. This newsletter is published four times a year.

We also remind members that yearly dues, which is \$15.00 for laryngectomees and \$5.00 for family members, is due. If you are an inactive member and wish to continue receiving a copy of this newsletter, then the dues is \$5.00. Payments are to be made to our treasurer, Mike Moffi, 15 Lakeshore Drive, Holliston, MA 01746. If you have an email address kindly send that information along to us as this will reduce mailing costs.

Please join us on March 5th and again on April 2nd and May 7th. Our presence is a gift to each other and to ourselves!

'Hope to see you there! Andre and Ginny Charpentier 508-285-7325 <u>acharpen@umich.edu</u>

You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself, 'I have lived through this borror. I can take the next thing that comes along.' You must do the thing you think you cannot do." Eleanor Roosevelt