Boston Cured Cancer Club for Laryngectomees

243 Charles Street, Boston, Massachusetts 02114 Newsletter for September and October 2013

Hello Folks! It's that time again, to come together and begin a new season. Our first meeting is scheduled for September 8, 2013 in the 7th floor cafeteria at MEEI in Boston. "Meet and Greet" begins at 1:00PM with our formal meeting at 1:30PM. Please join us for refreshments and good conversation. Free validated parking in the MEEI lots is available to attendees.

We are excited to report that we will have great guest speakers at our September and November meetings. Richard Crum, himself a laryngectomee since 1988, is a consultant with InHealth Technologies. He will share first hand information on medical products and supplies for the laryngectomee as well as his personal story of rehabilitation following his surgery at our September meeting. On November 3rd we will welcome Lindsey Lambert, a speech pathologist, formally of MEEI and now Clinical Specialist, Northeast Regional Sales Manager at Atos Medical, Inc. Lindsey will share information on the latest in medical supplies available to the laryngectomee as well as her professional expertise from the perspective of an accomplished speech pathologist. Both of these wonderful people have been well received in the past. We are very fortunate to welcome them back.

Our schedule for the upcoming series of meetings is as follows: We will meet in September on the Sunday after Labor Day and then on the first Sunday in October, November and December. Due to weather concerns, we will not meet in January or February. We will resume meeting on the first Sunday in March, April and May. Other than a summer gathering, we do not meet in June, July and August. Newsletters will be published four times a year.

Due to the ever increasing cost of copying and mailing, we ask that those who have an email address notify us so that you can receive this newsletter online.

Meeting others who have experienced a laryngectomy is truly inspirational and has tremendously helped many individuals and their loved ones adjust to all the changes necessitated by such a surgery. It takes time to find the "new normal" and while it isn't easy to live as a laryngectomee it is certainly doable. Yes, life changes dramatically but that just makes the joys in life that much sweeter....We gratefully and sincerely say, "Life is good".

Please join us on September 8th. We draw strength from one another's presence. We are not only living, but thriving, as cancer survivors.

Enjoy these waning days of summer. 'Hope to see you in September! Andre and Ginny Charpentier 508-285-7325 acharpen@umich.edu

The secret of health for both mind and body is not to mourn for the past, worry about the future, or anticipate troubles, but to live in the present moment wisely and earnestly."

Buddha