## Boston Cured Cancer Club for Laryngectomees

243 Charles Street Boston, Massachusetts 02114

## **November Newsletter**

Hello Folks! As the sun seems to sink a bit lower in the sky each day, we know that the heating season is just around the corner. With the dryness of the heat comes the need for enhanced humidity. It's a good idea to check that your humidifier is ready for you.

Our upcoming meeting is scheduled for November 7, 2010 in the 7<sup>th</sup> floor cafeteria at MEEI in Boston. "Meet and Greet" begins at 1:00PM with our formal meeting starting at 2:00PM. Please join us for refreshments and good conversation.

At our meeting in October, we discussed the possible contents and lay-out of a tri-fold brochure, advertising our group, which is to be placed in the offices of speech therapists, visiting nurse associations, doctors and hospitals. If you have any suggestions for specific points of contact please let us know. We will continue our discussion in November.

Karen Burns also requested that we purchase one dozen electrolarynx batteries for the loan closet and for Elissa Hatton of MEEI. Members approved of the purchase which will be made through Jim Lauder Medical. Jim is an extremely knowledgeable non-laryngectomee who is very supportive of our group. Karen recommended Mr. Lauder as a wonderful resource for all laryngectomy supplies, not just those associated with the electrolarynx. Karen has also found him to be helpful in dealing with insurance questions. Jim Lauder can be reached at 1-800-388-8642 or on the web at <a href="https://www.electrolarynx.com">www.electrolarynx.com</a>.

Also on the November agenda will be planning for our holiday gathering which will be on December 5<sup>th</sup>. Presently, we are looking at having a pot-luck buffet along with a Yankee swap and music. So, get ready to kick up your heels and have some fun on the 5<sup>th</sup> of December!

Please join us on November 7th. We draw strength from one another's presence. We are not only living, but thriving, as cancer survivors and their loved ones. It is very affirming to be in the presence of fellow larys who have each endured tremendous challenges, and each have their own story of trial and triumph....inspiring all who attend.

In closing we would like to share an acronym that we came across early in Andre's recovery. It was a source of inspiration and comfort back then and continues to be applicable to daily ups and downs.

## HOPE = Hold Onto Positive Expectations

Enjoy these cool, crisp autumnal days! Andre and Ginny Charpentier 508-285-7325 acharpen@umich.edu